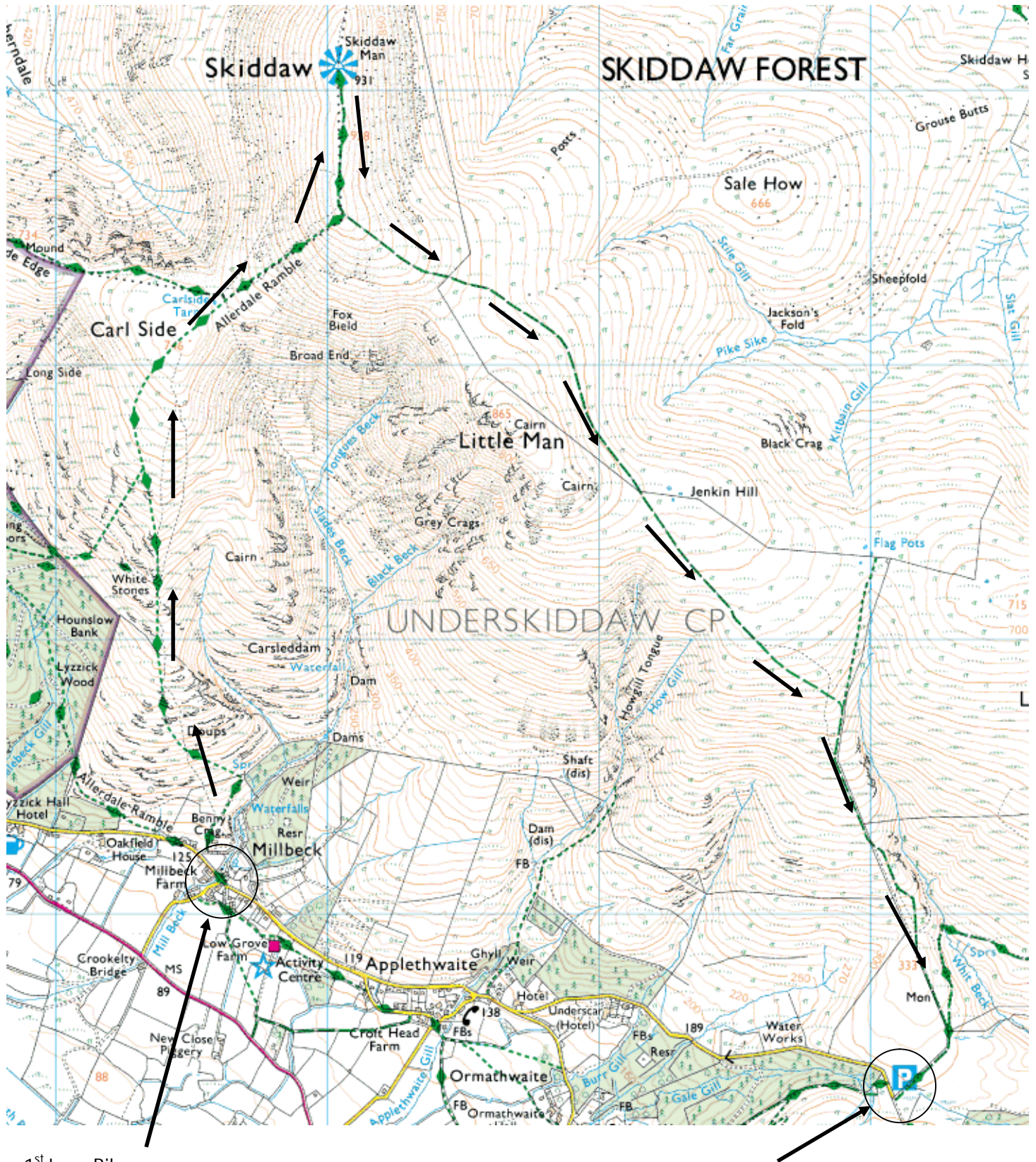


3 Challenges - The Lake District 3000 Footer Challenge - Skiddaw



1st Leg - Bike

Mountain bike to this location from Keswick Moot Hall.

Distance on bikes - 4km

1st Leg - Mountain Section on Foot - Skiddaw

Distance - 7.9km

Height Gain - 839m

Height Loss - 675m

Mountain Bikes at this location ready for cycle to Helvellyn start point at Thirlspot above Thirlmere.